

# Welcome to Sandoval County 4-H

## New Parent Orientation



*Catch the Clover*

*Change your life!*

*Celebrating 100 years*

Three yellow stars of varying sizes are positioned to the right of the green banner. One is a large five-pointed star, and two are smaller five-pointed stars.

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# New Mexico 4-H Vision



- The 4-H program is dedicated to providing opportunities for young people to develop leadership and management skills, positive self-esteem, effective communication skills, a solid sense of personal responsibility and the ability to make sound decisions. The life-skills learned in 4-H enable youth to become productive, well-informed, self-reliant responsible adults.

# 4-H Motto

“To Make the Best Better”



## 4-H Colors

The 4-H colors are green and white.

Green is nature's most common color and represents youth, life and growth. White symbolizes purity and high ideals.

## 4-H Slogan

"Learn by Doing"



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# 4-H PLEDGE

I pledge my **HEAD** to clearer thinking,  
my **HEART** to greater loyalty,  
my **HANDS** to larger service,  
and my **HEALTH** to better living,  
for my club, my community,  
my country, and my world.



# Age Requirements



- **Cloverbuds:** This program provides experientially-based "learn by doing" experiences for 5-8 year olds. The member must have passed her/his 5th birthday and be in kindergarten but not have passed her/his 9th birthday prior to January 1 of the current 4-H program year.
- **Novice:** Ages 9 to 11. A 4-H member must have passed his/her 9th birthday or be 8 years old and in third grade but not have passed his/her 12th birthday prior to January 1 of the current 4-H program year.
- **Junior:** Ages 12 to 13. A 4-H member must have passed his/her 12th birthday or be 11 years old and in the 6th grade but not have passed his/her 14th birthday prior to January 1 of the current 4-H program year.
- **Senior:** Ages 14 to 19. A 4-H member must have passed his/her 14th birthday or be 13 years old and in the 8th grade but not have passed his/her 19th birthday by January 1 of the current 4-H program year.



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# Minimum Expectations of Youth



- Attend 50% Of Club Meetings
- Enroll in at least one 4-H project/year
  - A project requires that members set goals relating to new things they want to learn and new skills that they want to gain during the club year.
- Complete one demonstration/project/year
- Complete one community service activity/project/year
- Complete and enter projects at Fair
- Complete project record sheet for each project
- Submit a Portfolio at end of year



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# Other Available Youth Opportunities



- Holding a Leadership Position
  - Club Level
  - County Level-County Council
  - State Level-State Officer, Ambassador, Diplomat
- Serving on a Committee
  - Planning fundraising events, community service events, etc.
- Attending County Events
  - County wide project workshops
  - County Camp
  - County Contest- Strengthens decision making & public speaking
  - County Fair
  - Awards Banquet
- Attending State 4-H Events & Schools
- National/International Opportunities



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# 4-H Parents Role



4-H is a family affair, offering many opportunities for both 4-H members and parents. The success of a child's 4-H career depends greatly upon parent support and involvement. By being involved in 4-H, parents can ensure the best growth experience possible for their child.



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# Specific Responsibilities of Parents



- Learn and support the goals and objectives of 4-H.
- Provide or arrange for transportation for your children.
- Provide any materials and equipment your child may need.
- Show interest in what your children are doing and give them encouragement.
- Help out the club and leader when asked. Don't wait to be asked, VOLUNTEER
- See that your child finishes as well as starts their projects(s).
- Be a “shadow helper” - guide, advise, help - but let the child do his or her own work.
- Encourage your child when he succeeds and even more when he fails.
- Encourage and reward effort and progress, as well as the end results.
- Help your 4-Her be a good sport and appreciate the success of others.
- Make 4-H a family affair, get the whole family involved in 4-H activities.
- Remember, the development of the youth is the mission of 4-H.
- Know that you are building for the future.
- Know that today's 4-H activities build the citizens and leaders of tomorrow.
- Support the 4-H leaders.
- Let the leaders know you appreciate them



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# Other Parent/Leader Opportunities



- Becoming a 4-H Leader
  - Do you have an area of expertise?
- NM 4-H Adult Leaders Forum
- Western Regional 4-H Leaders Forum
- NM 4-H Leaders Association



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