



**I want to support the Sandoval County 4-H Youth Development Program**

**Enclosed is my tax deductible gift of:**

\$2,000  \$1,000  \$500  Other: \_\_\_\_\_

Online: [giving.nmsu.edu/SandovalCounty4-H.html](http://giving.nmsu.edu/SandovalCounty4-H.html)

Check (**Made payable to NMSU Foundation**)

Credit Card Information is below:

Visa  Mastercard  AMEX  Discover

Exp. Date \_\_\_\_ / \_\_\_\_ Security Code \_\_\_\_

Credit Card # \_\_\_\_\_

Name on Card \_\_\_\_\_

Signature \_\_\_\_\_

Address \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Preferred e-mail \_\_\_\_\_

Please designate my gift to support:

Sandoval County 4-H

**Mail form and check to:**

Sandoval County 4-H Youth Development Program  
PO Box 400  
Bernalillo, NM 87004-0400

**Please make checks payable to the NMSU Foundation.**



## 4-H Pledge

 **I PLEDGE**   
**my HEAD**  
**to clearer thinking,**  
**my HEART**  
**to greater loyalty,**  
**my HANDS**  
**to larger service, and**  
**my HEALTH**  
**to better living for**  
**my club, my community,**  
**my country,**  
**and my world.**

**4-H**   
**GROWS HERE**

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## COLLEGE OF AGRICULTURAL, CONSUMER AND ENVIRONMENTAL SCIENCES



# Sandoval County 4-H



COOPERATIVE EXTENSION SERVICE



All About Discovery!<sup>TM</sup>  
**College of Agricultural, Consumer and Environmental Sciences**  
Cooperative Extension Service  
Sandoval County Extension Office

# Sandoval County 4-H

**3,976** Youth Participate in School Programs, 4-H Clubs and 4-H Camps in Sandoval County



## 4-H Way

4-H empowers young people with the *skills to lead* for a lifetime. It's a research-based experience that includes a mentor, a hands-on project and a meaningful leadership opportunity.

## 4-H Programming

4-H is available for children ages 9-19. Cloverbud programs are available for children ages 5-8. Based on their interests, youth select from over **200 4-H projects** in areas like health, science, agriculture and citizenship. There are hands-on, learn-by-doing opportunities for everyone.

## 4-H is a Community

Our network of **80 volunteers** and two 4-H professionals provides caring and supportive mentoring to all **300 4-H'ers**, helping them grow into true leaders today and in life.

# Sandoval County 4-H Delivery Modes

## Club Programs

Youth, ages 5-18, can join a club, which meets on a regular scheduled basis over an extended period of time during the 4-H Youth Development Program year. The 4-H year is October through September.

## School Enrichment Programs

Youth, ages 5-18, can belong to a 4-H school enrichment group which occurs during school hours. Group topics include: Ag in the Classroom, Embryology, Gardening, Animal Science, Health & Safety, Environmental Education, Nutrition and Fitness and Exploring 4-H.

## Special Interest Programs

Youth, ages 5-18, can belong to a 4-H special interest group, focusing on subject matter topics for a minimum of six hours outside of school hours. Programs include: Water Conservation, Communications, Ecology, Child Development, Gardening, Nutrition and Fitness, Bee Keeping, Rocketry, Service Learning, Robotics, Aerospace, Character Education and Food Safety.

***"4-H has allowed me to interact with different people and broaden my perspectives of the world. It is truly an amazing program that has more facets than most people are aware of."***

# 4-H'ers are...

**4X** more likely to give back to their communities

**2X** more likely to make healthier choices

**2X** more likely to participate in STEM activities



***"I love 4-H and want to share that with everyone and try to show others how much 4-H has impacted me."***

**Call to Join:** 1-800-678-1802  
711 S. Camino del Pueblo (Physical)  
PO Box 400, Bernalillo, NM 87004-0400 (Mailing)  
**Email:** sandoval@nmsu.edu  
**Website:** sandovalextension.nmsu.edu



**NMSU Sandoval County  
Cooperative Extension Service**