

# Nicole D. Lujan

nperez@nmsu.edu

## Education

### Master of Arts

Agricultural and Extension Education  
New Mexico State University, December 2008

### Bachelor of Science in Family and Consumer Sciences

Clothing Textiles and Fashion Merchandising  
New Mexico State University, December 2006

## Professional Experie

March 2009-Present

### Sandoval County CES

- Cooperative Extension Service Home Economist/4-H Agent
- Develop, coordinate, & teach adult diabetic, nutrition, food safety & food preservation classes
- Oversee & supervise Sandoval County Ideas for Cooking and Nutrition (ICAN) program & staff
- 4-H Youth development event coordinator and educator
- Oversee eleven 4-H clubs with a total of 300 youth
- Organize monthly 4-H youth activities such as: sewing, baking, photography, leathercraft, county camp, day camps, club meetings, fundraisers, community service events, and county fair
- Train and manage over 80 adult 4-H volunteer leaders
- Coordinate, teach and supervise school enrichment programs such as: Kids, Kows & More, RiverXchange, Rolling River, Egg to Chick and Just Be It! Healthy & Fit
- Manage 4-H exhibits at Sandoval County Fair using Showworks software and run the Jr. Livestock Auction
- Continually seek local funding and submit grant applications
- Serve on a number of state 4-H youth development and health committees
- Maintain county extension website and Facebook page
- Write and distribute monthly newsletters and articles
- Attend a number of annual trainings to keep abreast of research, policies and programs

2016-2017 National 4-H Hall of Fame Selection Committee.

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## Organizations

- 2015-Present New Mexico State University Sam Steel Council.
- 2014-Present New Mexico Junior Livestock Foundation, Emissary.
- 2012-Present Sandoval County Farm & Livestock Bureau.
- 2011-Present Sandoval County Local Emergency Planning Committee.
- 2012, 2014 Health Services Advisory Committee.
- 2010-2012 Cuba Health Alliance Committee.
- 2010-Present Small Farm & Ranch Task Force Committee.
- 2009-Present National Extension Association of Family and Consumer Sciences (NEAFCS).
- *New Mexico Chapter Treasurer 2013-2015*
  - *New Mexico Chapter President 2015-2016*
  - *Finance Committee, Chair, 2013-2015*
  - *Bylaws Committee, 2011-2012*
  - *Nominations Committee, Northern District, 2011*
- 2009-Present National Association of Extension 4-H Agents (NAE4-HA).
- *Healthy Living Task Force Committee, 2015-Present*
- 2009-Present New Mexico Association of Extension 4-H Agents.
- *President 2014-2015*
  - *NMAE4HA Programs Committee, Co-Chair, 2010-Present*
  - *Nominations Committee, 2013-2015*
- 2009, 2012 Indian Livestock Days Planning Committee.

## Professional Developm

- Joint Council of Extension Professionals. 2016, 2014, 2013
- National Association of Extension 4-H Agents National Conference. 2015, 2012
- Master Food Preserver Training. 2015

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4-H Western Institute. 2015.  
New Mexico 4-H In-Service. 2014, 2013  
Safe Handling of Fresh Produce. 2014  
Extension In-Service Training. 2014, 2013, 2012  
Making a Smart Choice for Health Insurance Training. 2013  
Galaxy IV Conference. 2013  
4-H Four Corners In-Service. 2012  
National Extension Association of Family & Consumer Sciences Conference. 2011  
Chronic Disease Self Management Train the Trainer. 2011  
Western Regional 4-H Leaders Forum. 2011  
New Mexico Association of Family and Consumer Sciences Conference. 2011  
“CanIt Workshop” Food Preservation Training. 2011  
Food Protection Alliance Committee Training. 2011  
New Mexico State 4-H Leader’s Forum. 2010, 2016

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## Grant Funds Awar

**\$ 500.00** 4-Imprint Community Grant for Exercise Body Bands. (2015)  
**\$9,500.00** Blue Cross Blue Shield, Healthy Kids Healthy Families Initiative. Just Be It! Healthy & Fit. (2013)  
**\$5,000.00** Intel Involved Seed Grant. Sandoval County 4-H Fairground Improvements. (2012)

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2016 Specialty Award. Excellence in Teen Programming. (NMAE4-HA).

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## Professional Honors

2015 Specialty Team Award. Excellence in Healthy Living Programming. (NMAE4-HA).

2015 School Wellness Team Award "Expanding Just Be It! Healthy & Fit." 2nd Place Western Region, NEAFCS.

2015 Achievement in Service Award. National Association of Extension 4-H Agents.

2014 Five Year Service Award. New Mexico State University, Las Cruces, NM.

2013 Deans Award for Teamwork, RiverXchange. College of Agriculture, Consumer and Environmental Sciences.

2013 New Mexico 4-H Youth Development Professional Achievement, Silver Level.

2012 Clover Award. New Mexico Association of Extension 4-H Agents.

2012 Specialty Award, Excellence in Natural Resources/Environmental Education. New Mexico Association of Extension 4-H Agents.

2012 Communicator Award, Promotional Package. New Mexico Association of Extension 4-H Agents.

2012 Communicator Award, Video Program. New Mexico Association of Extension 4-H Agents.

2011 New Mexico 4-H Youth Development Professional Achievement, Bronze Level.

2011 Deans Award for Teamwork, 2010 State 4-H Home Economics School. College of Agriculture, Consumer and Environmental Sciences.

2010 New Mexico 4-H Youth Development Professional Achievement, Green Level.

## Publications

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Lujan, Nicole D. (2017). *"4-H Jewelry Making-The Basics."* 4-H Curriculum. New Mexico State University 4-H Youth Development Program.

Lujan, Nicole D. (2013). *"Fashion Feasibility."* Extension How-To Publications. New Mexico State University Cooperative Extension Service.

Lujan, Nicole D. & Lucero, S. (2013). *"4-H Fun Facts."* A twelve month educational series to take to club meetings. PowerPoint Presentations. Sandoval County Cooperative Extension Service, NM.

Lujan, Nicole D. (March 2012) *"Sandoval County Cooperative Extension Receives an Educational Kitchen."* Jemez Thunder, The Sandoval Signpost & Rio Rancho Observer.

Good Day New Mexico. *"4-H teaches kids a wide range of hands-on skills."* KOB 4. Albuquerque, NM. 20 June 2012.

Lujan, Nicole D. & Lucero, S. (2012). *"The 4-H Games."* State 4-H Senior Leadership Retreat-Trailer. Video.  
<http://www.youtube.com/watch?v=FI24dDS45ds> New Mexico State University 4-H Youth Development Program.

Lujan, Nicole D., Serna, S., Allen, J. (2012). *"State 4-H Senior Leadership Retreat-Rules."* Video. <http://youtu.be/SrA235Vn3QI> New Mexico State University 4-H Youth Development Program.

Lujan, Nicole D. (March 2011). *"March is National Nutrition Month."* Rio Rancho Observer & The Sandoval Signpost.

Lujan, Nicole D. & Lucero, S. (2009-Present). *"4-H Cloverleaf."* Monthly Newsletter. Sandoval County Cooperative Extension Service, NM.

Lujan, Nicole D. (2009). *"New Mexico 4-H."* Recruitment Video.  
<http://www.youtube.com/watch?v=T6-j-lrWJwM>  
New Mexico State University 4-H Youth Development Program.

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