

# Nicole D. Lujan

nperez@nmsu.edu

## Education

### **Master of Arts**

Agricultural and Extension Education  
New Mexico State University, December 2008

### **Bachelor of Science in Family and Consumer Sciences**

Clothing Textiles and Fashion Merchandising  
New Mexico State University, December 2006

## Professional Experience

March 2009-Present

### **Sandoval County CES**

- Cooperative Extension Service Home Economist/4-H Agent
- Develop, coordinate, & teach adult diabetic, nutrition, food safety & food preservation classes
- Oversee & supervise Sandoval County Ideas for Cooking and Nutrition (ICAN) program & staff
- 4-H Youth development event coordinator and educator
- Oversee eleven 4-H clubs with a total of 300 youth
- Organize monthly 4-H youth activities such as: sewing, baking, photography, leathercraft, county camp, day camps, club meetings, fundraisers, community service events, and county fair
- Train and manage over 80 adult 4-H volunteer leaders
- Coordinate, teach and supervise school enrichment programs such as: Kids, Kows & More, RiverXchange, Rolling River, Egg to Chick and Just Be It! Healthy & Fit
- Manage 4-H exhibits at Sandoval County Fair using Showworks software and run the Jr. Livestock Auction
- Continually seek local funding and submit grant applications
- Serve on a number of state 4-H youth development and health committees
- Maintain county extension website and Facebook page
- Write and distribute monthly newsletters and articles
- Attend a number of annual trainings to keep abreast of research, policies and programs

2016-2017 National 4-H Hall of Fame Selection Committee.

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## Organizations

- 2015-Present New Mexico State University Sam Steel Council.
- 2014-Present New Mexico Junior Livestock Foundation, Emissary.
- 2012-Present Sandoval County Farm & Livestock Bureau.
- 2011-Present Sandoval County Local Emergency Planning Committee.
- 2012, 2014 Health Services Advisory Committee.
- 2010-2012 Cuba Health Alliance Committee.
- 2010-Present Small Farm & Ranch Task Force Committee.
- 2009-Present National Extension Association of Family and Consumer Sciences (NEAFCS).
- *New Mexico Chapter Treasurer 2013-2015*
  - *New Mexico Chapter President 2015-2016*
  - *Finance Committee, Chair, 2013-2015*
  - *Bylaws Committee, 2011-2012*
  - *Nominations Committee, Northern District, 2011*
- 2009-Present National Association of Extension 4-H Agents (NAE4-HA).
- *Healthy Living Task Force Committee, 2015-Present*
- 2009-Present New Mexico Association of Extension 4-H Agents.
- *President 2014-2015*
  - *NMAE4HA Programs Committee, Co-Chair, 2010-Present*
  - *Nominations Committee, 2013-2015*
- 2009, 2012 Indian Livestock Days Planning Committee.

## Professional Development

- Joint Council of Extension Professionals. 2016, 2014, 2013
- National Association of Extension 4-H Agents National Conference. 2015, 2012
- Master Food Preserver Training. 2015

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4-H Western Institute. 2015.  
New Mexico 4-H In-Service. 2014, 2013  
Safe Handling of Fresh Produce. 2014  
Extension In-Service Training. 2014, 2013, 2012  
Making a Smart Choice for Health Insurance Training. 2013  
Galaxy IV Conference. 2013  
4-H Four Corners In-Service. 2012  
National Extension Association of Family & Consumer Sciences Conference. 2011  
Chronic Disease Self Management Train the Trainer. 2011  
Western Regional 4-H Leaders Forum. 2011  
New Mexico Association of Family and Consumer Sciences Conference. 2011  
“CanIt Workshop” Food Preservation Training. 2011  
Food Protection Alliance Committee Training. 2011  
New Mexico State 4-H Leader’s Forum. 2010, 2016

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## Grant Funds Awarded

**\$ 500.00** 4-Imprint Community Grant for Exercise Body Bands. (2015)  
**\$9,500.00** Blue Cross Blue Shield, Healthy Kids Healthy Families Initiative. Just Be It! Healthy & Fit. (2013)  
**\$5,000.00** Intel Involved Seed Grant. Sandoval County 4-H Fairground Improvements. (2012)

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2016 Specialty Award. Excellence in Teen Programming. (NMAE4-HA).

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## Professional Honors

2015 Specialty Team Award. Excellence in Healthy Living Programming. (NMAE4-HA).

2015 School Wellness Team Award "Expanding Just Be It! Healthy & Fit." 2nd Place Western Region, NEAFCS.

2015 Achievement in Service Award. National Association of Extension 4-H Agents.

2014 Five Year Service Award. New Mexico State University, Las Cruces, NM.

2013 Deans Award for Teamwork, RiverXchange. College of Agriculture, Consumer and Environmental Sciences.

2013 New Mexico 4-H Youth Development Professional Achievement, Silver Level.

2012 Clover Award. New Mexico Association of Extension 4-H Agents.

2012 Specialty Award, Excellence in Natural Resources/Environmental Education. New Mexico Association of Extension 4-H Agents.

2012 Communicator Award, Promotional Package. New Mexico Association of Extension 4-H Agents.

2012 Communicator Award, Video Program. New Mexico Association of Extension 4-H Agents.

2011 New Mexico 4-H Youth Development Professional Achievement, Bronze Level.

2011 Deans Award for Teamwork, 2010 State 4-H Home Economics School. College of Agriculture, Consumer and Environmental Sciences.

2010 New Mexico 4-H Youth Development Professional Achievement, Green Level.

## Publications

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Lujan, Nicole D. (2017). “4-H Jewelry Making-The Basics.” 4-H Curriculum. New Mexico State University 4-H Youth Development Program.

Lujan, Nicole D. (2013). “Fashion Feasibility.” Extension How-To Publications. New Mexico State University Cooperative Extension Service.

Lujan, Nicole D. & Lucero, S. (2013). “4-H Fun Facts.” A twelve month educational series to take to club meetings. PowerPoint Presentations. Sandoval County Cooperative Extension Service, NM.

Lujan, Nicole D. (March 2012) “Sandoval County Cooperative Extension Receives an Educational Kitchen.” Jemez Thunder, The Sandoval Signpost & Rio Rancho Observer.

Good Day New Mexico. “4-H teaches kids a wide range of hands-on skills.” KOB 4. Albuquerque, NM. 20 June 2012.

Lujan, Nicole D. & Lucero, S. (2012). “The 4-H Games.” State 4-H Senior Leadership Retreat-Trailer. Video.  
<http://www.youtube.com/watch?v=FI24dDS45ds> New Mexico State University 4-H Youth Development Program.

Lujan, Nicole D., Serna, S., Allen, J. (2012). “State 4-H Senior Leadership Retreat-Rules.” Video. <http://youtu.be/SrA235Vn3QI> New Mexico State University 4-H Youth Development Program.

Lujan, Nicole D. (March 2011). “March is National Nutrition Month.” Rio Rancho Observer & The Sandoval Signpost.

Lujan, Nicole D. & Lucero, S. (2009-Present). “4-H Cloverleaf.” Monthly Newsletter. Sandoval County Cooperative Extension Service, NM.

Lujan, Nicole D. (2009). “New Mexico 4-H.” Recruitment Video.  
<http://www.youtube.com/watch?v=T6-j-lrWJwM>  
New Mexico State University 4-H Youth Development Program.

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