

New Mexico State 4-H Conference

Favorite Food Show

(Three entries per county)

Contestant Entry Form

Deadline: June 13 in the State 4-H Office

(Please type)

Name(s) _____

County _____

Name of Favorite Food _____

(Must be a bread, sandwich, main dish, salad, fruit or vegetable. No desserts, snacks, or beverages allowed)

- ☐ **Include a typed copy of your Favorite Food recipe with this entry form.**
(List of ingredients, including amounts, directions, number of servings, cost per serving and calories per serving)
- ☐ **Total time needed to prepare the entire recipe on site at the contest.** _____
- ☐ **Kitchen appliances needed to prepare your recipe** (refrigerator, freezer, oven, cooktop, or microwave) **Small kitchen appliances and utensils will not be provided.**

Planning Tips

- **Always consider food safety in transporting recipe ingredients to the contest and when preparing the recipe on site.**
- **The contestant is responsible for bringing all ingredients, utensils, dishes, table covering, potholders, towels, dishcloths, and other preparation or display items needed for the contest. Do Not Assume forgotten items will be available at the contest. Contestants must clean their kitchen area before leaving the contest.**
- **Contest time will be July 8th, 2025 from 8:00 am - 12:00 noon, depending on the number of contestants.**
- **Contestant order will be based on total time needed to prepare each Favorite Food. Per State Favorite Food Show Rules, contestants should plan for their dish prep to take about one hour start to finish.**